



Professional aerialist, instructor, and choreographer

Vivian was resident aerial coach at SANCA (School of Acrobatics and New Circus Arts) for five years and at Knotty Yoga for three years. Vivian's private students through the years have come from all walks of life. She works with the fitness curious and professionals seeking new choreography or are preparing for competition. Vivian's priorities in teaching have always been safety, technique, respect for the individual's body, and to always have fun.

Previous classes and workshops:

AERIAL SILKS AT CROSSFIT BREA IN FULLERTON, CA

Viv says, "I had the unique experience of working with elite Crossfit, MMA, and professional football athletes for several months at Crossfit Brea. It was so fun learning about different body types and movement. Everyone's positive and humorous attitudes in embracing aerial silks as supplemental training taught me more about aerial than I could have ever imagined."



INTERMEDIATE AERIAL SILKS FOR AYCO (AMERICAN YOUTH CIRCUS ORGANIZATION) HOSTED BY SANCA

Viv says, "Working with children has always been a delight! The children and teens at AYCO worked so hard and I appreciated their enthusiasm knowing that they had already been in a couple of workshops that day. I had to make sure I kept my energy up for them and to be extra attentive to potentially fatigued little bodies."

SEXY CHAIR FITNESS AND DANCING WITH CANES WITH SPINDERELLA STUDIOS

Viv says, "There's nothing more fun than combining sexy dance movement with fitness. Add a prop, dim the lights, and let the fun begin! It's a fun couple of hours finding our coordination limits in flicking a cane, turning in high heels, and embracing our inner coquette. There's no winning or losing. Class requirement: Check all egos at the door."

AERIAL PERFORMANCE LAB AT KNOTTY YOGA

DOUBLES HOOP AT MASC STUDIOS IN MISSOULA, MT

NEVER STOP GROWING

Vivian is always creating new and exciting workshops, including Aerial Hoop for Intermediate and Advance students, "Fabric Management" – a comedic approach to handling our fabric anger, and Beginner Sexy Doubles Hoop. Vivian loves to custom create workshops so that it fits your studio's needs. For inquiries regarding classes, private lessons, and workshops, please email Vivian at see.vivian.roll@gmail.com.

"Special thanks to my teachers and mentors: Sagiv Binyamin, Eric Newton, Hollywood Aerial Arts, Maxime Clabaut, Cirque School LA, Chelsey Rea, SANCA, Mason Bendixen, Lara Paxton, and the list goes on..." - Vivian
